

Month	Event
<b>October</b>	5th - Alexandra Junior Park Run 2K 5th - Run Heaton Park 1.2K/5K/10K/HM 11th - Manchester Area Cross Country 11th - Red Cross Cross Country <b>12th - Sportshall League Match 1</b> 19th - Alexandra Park Run <b>25th - South East Lancs Cross Country</b>
<b>November</b>	2nd - Alexandra Junior Park Run 2K <b>15th - South East Lancs Cross Country</b> <b>16th - Sportshall League Match 2</b> 16th - MoRun 1.5K/5K/10K/HM 22nd - Red Rose & Manchester Cross Country 30th - Sale Indoor Open
<b>December</b>	<b>6th - South East Lancs Cross Country</b> 6th - Manchester Area Cross Country <b>7th - Sportshall League Match 3</b> 7th - Run Heaton Park 1.2K/5K/10K/HM 14th - Alexandra Junior Park Run 2K 21st - Sale Indoor Open



SCAN to stay up-to date - links to entries or more info on our website

Month	Event
<b>January</b>	6th - Run Heaton Park 1.2K/5K/10K/HM 10th - Manchester Area Cross Country 11th - Alexandra Junior Park Run 2K <b>17th - South East Lancs Cross Country</b> 18th - Sale Indoor Open <b>25th - Sportshall Champs</b>
<b>February</b>	7th - Manchester Area Cross Country 8th - Sale Indoor Open 8th - Alexandra Junior Park Run 2K 15th - Alexandra Junior Park Run 2K 22nd - Alexandra Junior Park Run 2K 22nd - Sale Indoor Open
<b>March</b>	15th - Sale Indoor Open



SCAN to join our WhatsApp Community, where we post competition reminders, as well as other Club activities!

SCAN to follow our Facebook page, where we post updates on our athletes, as well as other Club activities!



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