

**Blackley & North Manchester A.C.**  
**( H.Q. Boggart Hole Clough )**  
**Affiliated to :- U.K.A. E.A.A. N of E. A.A. G M/r A. A.**

**Adult Membership Form:**

I am an Amateur according to U.K.A. rules and hereby apply for membership of the above named club and in doing so agree to abide by its rules.

**Name ( in full )**

\_\_\_\_\_

**Address**

\_\_\_\_\_

\_\_\_\_\_

**Tel. No** \_\_\_\_\_ **Date of birth** \_\_\_\_\_

**College / University ( if appropriate )** \_\_\_\_\_

Are you a member, or have you been a member of any other Athletics Club ? ( Yes / No )

If yes, please give title of club \_\_\_\_\_

**Medical Information**

Have you any medical conditions which we need to be made aware of eg. Asthma, epilepsy, diabetes etc?

**If so please state:-**

\_\_\_\_\_

\_\_\_\_\_

As far as I am aware I am fit to take part in strenuous athletics training and competition.

I have read and agree to the: (please tick)

- Privacy Notice
- Senior Athlete Code of Conduct
- Child and Adult Safeguarding Policies and Procedures
- Anti-Bullying Statement
- Inclusion Policy
- Grievance and disciplinary policy
- Online safety and social media policy

**Signature of applicant.** \_\_\_\_\_

## Emergency Contact Details

Emergency contact name: \_\_\_\_\_

Emergency Contact number: \_\_\_\_\_

## Adult Membership Form ( Cont )

Joining Fee ( Payable on application ) £ 4-00 \_\_\_ Date \_\_\_\_\_

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Secretary :- Mrs. E Crosdale, Tel. No. 0161 643 9824

### Notes for Information

1. The membership fee should accompany the application
2. There is a **weekly** subscription of **£3-00**. (Due whether in attendance at training or not. )
3. Club training nights are Monday and Thursday of each week, between 7pm and 9pm.
4. Activities are continuous throughout the year.---Track and Field in the summer, Road Running & Cross Country in the Winter.
5. Involvement in competition incurs payment of entry fees plus a proportion of any travel cost.
6. Club running vest is required for competition and is available at £ 6-00.
7. Personal accident insurance is not available through the club. Any such cover is the responsibility of the individual member / parent or guardian and all activities are undertaken at members own risk.
8. Membership is open to all members of the community.

# CODE OF CONDUCT: SENIOR ATHLETES

As a responsible athlete, I will:

- abide by the UKA and the HCAF Child Safeguarding Policy and Child Safeguarding Procedures
- abide by the UKA and the HCAF Adult Safeguarding Policy and Adult Safeguarding Procedures
- respect the rights of every athlete, coach, technical official and others involved in athletics and treat everyone equitably
- uphold the same sporting values away from sport as I do when I am engaged in athletics
- participate within the rules of the sport, respect decisions of coaches and officials, and demonstrate respect towards fellow athletes
- cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in my best interests and those of other athletes
- consistently promote positive aspects of the sport and never condone rule violations or the use of prohibited substances
- anticipate and be responsible for my own needs, including being organised, having the appropriate equipment and being on time
- inform my coach of any other coaching that I am seeking or receiving
- act with dignity and display courtesy and good manners towards others
- in no way undermine, put down or belittle other athletes, coaches or practitioners
- avoid swearing and abusive language whilst in athletic venues, at club functions and events, or when as part of a team/squad
- never engage in any inappropriate or illegal behaviour
- challenge and report inappropriate behaviour and language by others
- not misuse or abuse sporting equipment and venues
- not carry or consume alcohol or illegal substances while training or competing in athletics
- maintain strict boundaries between friendship and intimacy with a coach or official
- use safe transport or travel arrangements
- act ethically, professionally and with integrity, and take responsibility for your actions.

I recognise that I am bound by the UKA Anti-Doping Regulations, and submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. UK Anti-Doping Rules apply to all member participating in athletics for a minimum of 12 months from the commencement of membership whether or not the member is a citizen of, or resident in, the UK. Any athlete wishing to retire from the sport of athletics must put this in writing to the club and their Home Country Athletics Federation (Athletics Northern Ireland / England Athletics / Scottish Athletics / Welsh Athletics) and cancel any applicable membership. Official retirement will remove the athlete from being under the auspices of UKA's Anti-Doping Rules.

## BREACH OF THE CODE OF CONDUCT

I understand that if I do not follow the code, action can be taken by my club and I may:

- be asked to apologise for my behaviour
- receive a verbal warning from my coach
- receive a verbal or written warning from the club committee
- be suspended from attending club training sessions
- be suspended from the club
- be required to leave the club.

Print name .....

Signature ..... Date .....



# Blackley & North Manchester A.C.

# ANTI-BULLYING STATEMENT

## Statement of intent

**Blackley & North Manchester A.C.** is committed to providing a caring, friendly, and safe environment for all of our members so they can participate in an inclusive sport where everyone belongs and can flourish.

Bullying can be defined as repeated behaviour which is intended to hurt someone either emotionally or physically and is often aimed at certain people because of their race, religion, gender or sexual orientation, or any other aspect such as appearance or disability.

This statement relates to both online and face-to-face bullying. Bullying of any kind is unacceptable. Bullying takes many forms but ultimately it is the perception of the victim that determines whether or not they are being bullied rather than the intention of the bully. We expect that all volunteers and staff will work together to prevent and reduce bullying.

If bullying does occur, everyone should be able to speak up and know that incidents will be dealt with promptly and effectively. This means that anyone who knows that bullying is happening is expected to tell the club welfare officer, committee member, competition provider or England Athletics.

## What is bullying?

Physical bullying, hitting, slapping, or pushing someone.

- Verbal; name-calling, gossiping, or threatening someone.
- Non-verbal abuse; hand signs or text messages
- Emotional abuse; threatening, intimidating, or humiliating someone.
- Undermining, constant criticism or spreading rumours.
- Controlling or manipulating someone
- Making silent, hoax or abuse calls
- The following types of bullying are also hate crimes:
  - Racial, sexual, transphobic, or homophobic bullying
  - Bullying someone because they have a disability.



## What is cyber bullying?

A peer who intimidates using a social networking website

- A coach who sends negative feedback about a participant via personal text message
- A club member who posts negative comments about a fellow member on a club forum. Cyber Bullying may also include threats, sexual remarks and hate speech.

E-Bullies may publish personal contact information of their victims at websites. They may attempt to act as the victim for the purpose of publishing material in their name that would defame or ridicule them.

Cyber Bullying is particularly serious due to the nature in which the abuse occurs. It can be very personal and take place in a closed private format where the victim may feel isolated, and the content will not be viewed by parents, friends or siblings. Alternatively, it could take place in a public format. It may lead to the victim rereading any material in private perhaps leading to feelings of paranoia, depression, or loneliness.

## Related policies and procedures

- Club Constitution
- Child Safeguarding Policy
- Adult Safeguarding Policy
- Codes of Conduct
- Club Grievance and Disciplinary Policy
- Club Inclusion Policy

## Useful contact

- Club Welfare Officer: Sandra Clarke +447845 099 640
- UKA 07920 532552/ [safeguarding@uka.org.uk](mailto:safeguarding@uka.org.uk)
- EA [welfare@englandathletics.org](mailto:welfare@englandathletics.org)
- NSPCC Helpline 0808 800 5000
- Childline 0800 1111 / [www.childline.org.uk](http://www.childline.org.uk)
- Kidscape [www.kidscape.org.uk](http://www.kidscape.org.uk)
- Anti-Bullying Alliance [www.antibullyingalliance.org](http://www.antibullyingalliance.org)